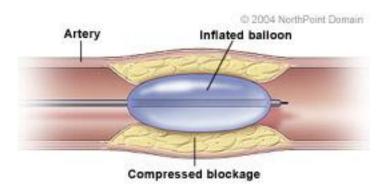
CARDIAC STENT

What is a Cardiac Stent?

A cardiac stent is a small metal mesh tube that is placed in a narrowed heart artery to widen the passage and allow for better flow of blood to your heart muscle.

How is a Cardiac Stent placed in the heart artery?

A cardiac stent is placed in your heart artery during a heart catheterization procedure. A long thin tube called a "catheter" is threaded into your heart artery through the femoral artery in your right or left groin. The end of the catheter has a deflated balloon on it and the stent is tightly coiled around the balloon. The doctor inflates the balloon, which causes the stent to expand. The balloon is deflated but the stent stays expanded and keeps the heart vessel open. The catheter is removed from the body at the end of procedure.



Why do I need to have this procedure done?

• Your doctor has determined that a narrowing in a vessel of your heart artery or arteries would best be treated by opening the narrowing by placing a cardiac stent.

How should I prepare for the procedure?

• Please see the preparation instruction sheet for HEART CATHETERIZATION

Is there anything specific to do after the test?

- Please see the instruction sheet for HEART CATHETERIZATION
- Your doctor may prescribe new medication for you, specifically, PLAVIX. Please DO NOT stop this or any other heart related medications for any reason unless advised by your cardiologist.

• You will be given an information card pertaining to your stent(s). Please carry this in your purse or wallet so that, in an emergency, health care providers will know that you have had a stent(s) placed in your heart artery or arteries.

You will come back into the office to see your doctor within 1-2 weeks after the procedure, or otherwise if you are told to do so.

Please do not hesitate to contact our office if you have any questions or concerns prior to your procedure.

Thank you!